# Federated States of Micronesia (Kosrae) High School Global Youth Tobacco Survey (GYTS)



## FACT SHEET . . . . . . . . . . . .

The Federated States of Micronesia (Kosrae) High School GYTS includes data on prevalence of cigarette and other tobacco use as well as information on five determinants of tobacco use: access/availability; environmental tobacco smoke exposure (ETS); cessation; media and advertising; and school curriculum. These determinants are the components Federated States of Micronesia could include in a comprehensive tobacco control program.

The Federated States of Micronesia (Kosrae) GYTS was a

school-based survey of middle and high school students conducted separately in Chuuk, Kosrae, and Pohnpei in 2001. All 8 high schools in Kosrae were included in the high school study and all students in grades 9-12 in each school were eligible to participate. The school response rate was 100.0%, the student response rate was 95.0%, and the overall response rate was 95.0%. A total of 670 students participated in the Federated States of Micronesia (Kosrae) High School GYTS.

#### **Prevalence**

65.9% of students had ever smoked cigarettes

62.8% currently use any tobacco product

39.2% currently smoke cigarettes

57.4% currently use smokeless tobacco products

35.6% of current smokers feel they need a cigarette every day

### **Knowledge and Attitudes**

71.4% think people can get addicted to tobacco use

70.0% think young people who smoke have more friends

22.7% think smoking cigarettes makes young people look cool or fit in

71.6% think smoke from others is harmful to them

## Access and Availability – Current Smokers

71.4% think people can get addicted to tobacco use

70.0% think young people who smoke have more friends

22.7% think smoking cigarettes makes young people look cool or fit in

71.6% think smoke from others is harmful to them

#### **Environmental Tobacco Smoke**

52.7% were in the same room with someone smoking in the past 7 days

62.3% rode in a car with someone who was smoking in the past 7 days

51.0% live with someone who smokes

60.8% have one or more friends who smoke

#### **Cessation – Current Smokers**

92.6% want to stop smoking

86.2% tried to stop smoking during the past year

60.6% ever participated in a program to help them guit smoking

## Media and Advertising

56.3% saw or heard anti-smoking media messages in the past 30 days

95.6 saw pro-tobacco media messages in the past 30 days

34.1% have an object with a cigarette brand logo

46.6% would wear something with a tobacco company name or logo on it

#### School

51.6% had been taught ways to say "no" to tobacco in class during the past year

## **Highlights**

- Cigarette smoking is very high; almost 6 in 10 currently use smokeless tobacco products.
- Over 1 in 3 current smokers are "dependent on cigarettes".
- 9 in 10 smokers want to stop.
- ETS exposure is high.
- 9 in 10 saw pro-tobacco media messages; only 5 in 10 saw antismoking media messages in the past 30 days.
- Only half taught ways to say "no" to tobacco in school the past year.

#### Recommendations

- A youth cessation program is needed.
- Effective tobacco use prevention curricula need to be accessible to more students.

#### **Actions**

<country add if applicable>